





Learning Opportunities - Grade 6-8 – June 1st-June12th

Do the best you can! Focus on life skills, physical activity, mental well-being, creative expression, social responsibility and social connections. Stay healthy and safe!

Try to work on the learning opportunities for 2 hours each day.

*Every day, students should be **reading** for 30 minutes and getting 30 minutes of **physical activity**.*

Physical Education – This week’s game: “Track -n- Field”. Send a picture or video to michael.grant@nbed.nb.ca.

Activity	Materials/resources	Instructions
<p>Track -n- Field</p>  <p>There are 10 activities to do altogether. Do one a day for the next 10 school days. You can record your results in the form provided. The link over in the video section is the instructions for each game. Remember the idea is for you to do one a day. However, practice as many times as you want.</p>	<p>ASDW Spring Games Challenge</p> <p>Participant Name: _____ School Name: _____</p> <p>Each participant needs 1 scorecard.</p>  <p>OFFICIAL SCORECARD</p>	<p>Here’s a video on how to play:</p> <p>Link with each daily game with instructions:</p> <p>http://nbpes.ca/wp-content/uploads/2020/05/ASDW-Spring-Games-Challenge-2.pdf</p> <p>Here is the district YouTube channel which you can go to each day for an instruction video on each daily activity:</p> <p>https://www.youtube.com/playlist?list=PL2ZiLbnHH6WF4hDrRZm8Gy8aWjMXbelp2</p>